

# Your Creative Session With Beatriz

## About me

My name is Beatriz. I'm a Dutch/English multidisciplinary artist with a career in pop music. When I turned eighteen I initiated my own company and called it **BEA1991**, taught myself to be a freelance artist, and started releasing music independently in 2014.

In sync with my career as a singer and composer I delved into a variety of creative pursuits, experimenting with fashion design, still life photography, film direction and VFX. During this time I lived in Amsterdam, London and New York. I'm now thirty, and during Covid-19 lockdowns I started supporting other artists as a creative therapist and advisor.

## Why help others?

Having bypassed the conventional education system, I've developed a deep understanding of what pursuing a creative career "feels like" outside of an organized structure (like a school or a steady job) and how best to navigate your own creative desires by being your own teacher. I'm good at asking questions that create mental space; helping the artist to move beyond any type of anxiety, unhealthy repetition or artsy peer pressure. I help clarify where the creative urge roots from and help locate, verify and feed that place of raw intention.

## The Session

Our conversation will shed light on the emotional connection you have to your creative work; the integrity of your desires; how productive and healthy your current environment really is for you; and how to further interact with your projects, creating space, clarity and personal agency. It will also help clarify your larger goal or mission.

*The incentive of this session is to talk about the emotional environment of your work - not the work itself. I do not look or listen to your work.*

According to what you tell me, together we'll unfold areas of thought that will help you to proceed, break open, re-inspire, halt, or take an alternate turn. It all depends on the nature of the issue you're experiencing, and I always make sure that I understand the situation in detail before I offer feedback.

## Specs

\*Duration 1.5 hour

\*Standard Fee 120€ / 133\$ / 100gbp

\*Location @Sirius (online) or in person